



JÖNKÖPING UNIVERSITY  
*School of Health and Welfare*

# START YOUR EXCHANGE JOURNEY HERE

SCHOOL OF HEALTH  
AND WELFARE  
2019/2020



Photo: Peter Appelin



Photo: Rebecca Nygren



# JÖNKÖPING/

In Jönköping, there's something for everyone. Here, you can enjoy a whole range of activities - from sport or culture, to Dreamhack - the world's largest digital festival. We hope that you will come to our city and discover your own favorite places and things to do.

## 3 REASONS TO CHOOSE JÖNKÖPING UNIVERSITY

# 1

### INTERNATIONAL ENVIRONMENT

Jönköping University is one of Sweden's leading universities in the area of internationalisation and has an extensive exchange programme with approximately 350 partner universities worldwide.

# 2

### GLOBAL CAREER

Did you know that Sweden is the birthplace of many world-shaping companies? Why not kick-start a global career by studying at Jönköping University?



Foto: Peter Appelin





# SWEDEN

**140,000** inhabitants  
**11,000** of them are  
students at JU



# 3

## PRACTICAL WORK EXPERIENCE

The university uses the business world as a platform for education- and many courses incorporate internships, company visits, guest lectures, case studies, etc. for students to gain real world experience and create a network.

**JU Solar Team** consisting of twenty-five ► students with different backgrounds, education and experience competed with their own-built solar car in Bridgestone World Solar Challenge 2017. They finished in eighth place!



Sweden is known for being a clean, beautiful country, covered with lakes and forests. It's inhabited by 10 million people who are friendly, open-minded and welcoming. This is all true. What you have heard about high living standards and low crime rates is true as well. Furthermore, Sweden is an international powerhouse in the fields of design and music, boasting acts such as Avicii, Robyn and Icona Pop. Lots of great innovations originated in Sweden, for example TetraPak, the pacemaker, Skype and Spotify. And let's not forget IKEA.



# A UNIVERSITY OF GLOBAL OPPORTUNITY



Jönköping University is one of Sweden's leading universities in the area of internationalisation and has an extensive exchange programme with approximately 350 partner universities world-wide. The campus has a truly international and academic environment with students and staff from all parts of the world.

## SCHOOL OF HEALTH AND WELFARE

As one of Sweden's prime educators in the field of health sciences, health care and social work, the School of Health and Welfare offers high academic quality and distinct profile areas. The School's experience of education and research is long and substantial, and you will be given access to a learning environment that is up-to-date and relevant. The School of Health and Welfare has a strong focus on international collaboration in education and research.

## JU SUMMER SCHOOL

The main goal of the summer school is to provide students with academic and applied knowledge, to experience an international environment and to provide knowledge of the Swedish culture through a rich programme of cultural and social activities. Read more and apply at [ju.se/summerschool](https://ju.se/summerschool)

### PROGRAMMES AT SCHOOL OF HEALTH AND WELFARE

#### Programmes Conducted in SWEDISH

##### Undergraduate programmes

*A number of courses within the programmes are offered in English for exchange students.*

- Biomedical Laboratory Science, focusing Laboratory Medicine, 180 credits
- Biomedical Laboratory Science, focusing Clinical Physiology, 180 credits
- Dental Hygiene, 180 credits
- Diagnostic Radiology Nursing, 180 credits
- Nursing, 180 credits
- Occupational Therapy, 180 credit
- Social Work, 210 credits

##### Master programmes

- Gerontology, 60 credits
- Nordic Master Degree Programme in Gerontology, 120 credits
- Occupational Therapy, 60/120 credits
- Master Programme on Quality Improvement and Leadership in Health and Welfare, 120 credits
- Nursing Science, 60 credits
- Oral Health Science, 60 credits
- Social Work, 60 credits

#### Programmes Conducted in ENGLISH

##### Undergraduate programmes

- Prosthetics and Orthotics, 180 credits

##### Master programmes

- Occupational Therapy, 60/120 credits
- Interventions in Childhood, 60 credits



# STUDIES AT JÖNKÖPING UNIVERSITY

## CREDITS AND WORKLOAD

In Swedish higher education, the workload of a course is based on the amount of credits that a course is worth. 1.5 credits is equivalent to approximately 40 hours (1 week) of work, which includes lecture hours, group work, seminars, homework etc. Students participating in exchange will receive full credit for all academic work successfully carried out during their

exchange semester. Full time study is 30 credits per semester which is equivalent to 30 ECTS credits.

## ACADEMIC CALENDAR

The academic year consists of 40 weeks, divided into two semesters: August – January (autumn semester) and January – June (spring semester). There are no holidays during the semesters.

## EXAMINATIONS AND RE-EXAMINATIONS

There are different forms of examinations in the courses. Examinations can be scheduled on weekdays, evenings as well as Saturdays or Sundays. Jönköping University allows students to take re-examinations in failed courses. However, re-examinations can only be taken at Jönköping University.

## ACADEMIC CALENDAR

AUTUMN SEMESTER 2019	SPRING SEMESTER 2020
Arrival and pick-up service: 15 - 18 August	Arrival and pick-up service: 4 - 5 January & 11 - 12 January
Introduction Week (Compulsory): 19 - 23 August	Introduction Week (Compulsory): 13 - 17 January
Course period including regular examinations: 26 August - 22 December/17 January *	Course period including regular examinations: 20 January - 7 June

# APPLICATION AND PREREQUISITES

## HOW TO APPLY

Once you have been nominated by your home university, you will receive information about how to apply in our online application.

## COURSES

Course syllabuses, including the pre-requisites, can be found on our website. You need to have the majority of your courses at the school to which you have been nominated to. School of Health and Welfare reserves the right to limit exchange student enrollment in courses. Please be aware that courses may be cancelled if the minimum number of participants is not reached.

## LANGUAGE REQUIREMENTS

Although language test scores are not formally required, all students are

expected to meet the minimum English requirements of School of Health and Welfare, see the website for details. The home institution is responsible for ensuring the students' fluency in English. Students without the adequate level of English run the risk of failing the courses.

## PREREQUISITES

The general prerequisite for bachelor exchange students is at least one year of completed university studies at the home institution before the exchange semester. For applicants interested in master level courses, we require qualifications equivalent of a bachelor degree of at least three years.

Read more about exchange studies at: **JU.SE/EXCHANGESTUDIES** or contact International Relations Office at: **incoming.student@ju.se**

### \*IMPORTANT INFORMATION:

Most courses in the autumn semester finish before Christmas, lectures and seminars can be scheduled until approximately 22 December.

**However some courses need to be completed at JU up until 19 January.**

Please take this into consideration when planning your departure.

# CAMPUS

## HERE, YOU'LL MEET THE WORLD.

Our campus is located in the heart of the city, with everything you need at your fingertips. On campus, there are plenty of opportunities to hang-out, party, meet and study. If you're in Jönköping, you're close to JU!



### BY STUDENTS – FOR STUDENTS

The Student Union is run by students, for students. Jönköping Student Union collaborates with the schools' student associations, and is well represented in various decision-making bodies, providing students with a genuine opportunity to affect decisions regarding their education. For more information, visit [jonkopingsstudentkar.se](http://jonkopingsstudentkar.se)



### INTRODUCTION WEEK

One of the first things you will experience is Introduction Week – an event for all new students to feel welcome, get to know each other through a variety of social activities, and of course, get prepared for their future studies. The event has been rated one of the best in Europe.

## ACCOMMODATION OFFICE

The Accommodation Office will help you find a place to live. Jönköping University guarantees accommodation to all new arriving international students that have been admitted, provided that you have applied for accommodation and registered your arrival within the set deadlines. The accommodation guarantee only applies to the registered student. Family members are not included in the guarantee. You will receive information about this once you've been accepted to Jönköping University. For more information: [ju.se/accommodation](https://ju.se/accommodation)

## ARRIVAL AND PICK-UP SERVICE

At Jönköping University, we offer a pick-up service for all new international students if you arrive in Jönköping on the pick-up dates. This means that we will meet you, for example, at the local airport or train/bus station, bring you to the university and get you settled into your accommodation. You can read more at [ju.se/pickup](https://ju.se/pickup).



# AT YOUR SERVICE!



## SPECIAL EDUCATIONAL SUPPORT

Jönköping University facilitate special educational support for students with disabilities.

## INTERNATIONAL RELATIONS OFFICE (IRO)

The IRO cooperates with universities all over the world to offer you the possibility to study abroad. IRO guides you before, during and after your exchange period.

## SERVICE CENTER

The Service Center will help you with general study related questions, course certificates or if you just need to find the way to your lecture-room. If they cannot answer your question directly, they'll make sure to guide you to the right place.



## ACADEMIC RESOURCE CENTER

The Academic Resource Center is open to all students at Jönköping University who want to develop their skills in all types of written and oral assignments, in all subjects, and at all levels. We support you in the process and give you the tools to further develop your text independently.

## UNIVERSITY LIBRARY

The University Library is an old foundry from the beginning of the 20th century that has been transformed into a modern research library. Group rooms and reading rooms are available 24 hours a day.

► SEE FULL LIST OF SERVICES ON **JU.SE**



# GOOD THINGS TO KNOW:

## HEALTH INSURANCE

Exchange students admitted to JU receive a supplementary health insurance, which covers emergency medical and dental care (conditions apply).

For more information please visit [JU.SE/STUDENTHEALTHCARE](http://JU.SE/STUDENTHEALTHCARE)

## COST OF LIVING

Living costs in Sweden depend largely on your individual life-style. As a student in Jönköping, it is recommended that you have around 8500 SEK per month, covering the following (the prices below are approximate):

- Accommodation: 3,000-6,500 SEK depending on location
- Food: 2,000 SEK
- Phone: 300 SEK
- Monthly bus tickets: 480 SEK
- Laundry and hygiene: 250 SEK
- Clothing, hobbies, leisure: 750 SEK.

All students, including exchange students, are required to pay the obligatory student union membership fee, which is approximately 300 SEK per semester.

Compare your city's cost of living with the costs in Jönköping at [numbeo.com](http://numbeo.com)

## VISA/RESIDENCE PERMIT

Students from countries whose citizens are required to have a visa/residence permit are advised to contact the Swedish embassy or consulate in their home country to start their application for a student visa, which is a procedure that can take two months or more. Students are recommended to apply online. In order to apply for a VISA, you need to have a full-time study load, 30 ECTS for one semester.

For more information visit: [migrationsverket.se](http://migrationsverket.se)

“It’s an incredible opportunity to gain independence and get a different perspective on your studies and future career.”

### Gemma Black

former exchange student at School of Health and Welfare, JU from La Trobe University, Melbourne, Australia



Photo: Rebecca Nygren

### WHY DID YOU CHOOSE TO GO ON EXCHANGE?

I knew that I wanted to experience nursing practice in another country and that by doing an exchange I would be able to gain a significant amount of knowledge, skill and technique that I would be able to bring home to Australia. I also love travelling and this was the perfect opportunity to broaden my horizons, meet new people of different nationalities and flourish as an individual.

### WHAT IS THE BEST THING ABOUT JÖNKÖPING UNIVERSITY?

The student life is amazing, with plenty of events for both regular and exchange students. The Kick Off week was lots of fun

and the festival at the end was definitely the highlight for me.

### WHAT IS YOUR FAVOURITE MEMORY?

Swimming in the lake with my friends, plus all my travel adventures!

### WOULD YOU RECOMMEND EXCHANGE STUDIES TO OTHER STUDENTS?

Personally, nursing and caring for people is my passion – so being able to continue studying my passion overseas is something I will cherish forever. I would highly recommend doing an exchange to all students – it’s an incredible opportunity to gain independence and get a different perspective on your studies and future career.



Photo: Emma Björk Dahl



# APPLY NOW!

OR AT THE LATEST:

## NOMINATION DEADLINE

(for Partner Universities)

Autumn 2019  
**10 APRIL**

Spring 2020  
**10 OCTOBER**

## APPLICATION DEADLINE

(for students)

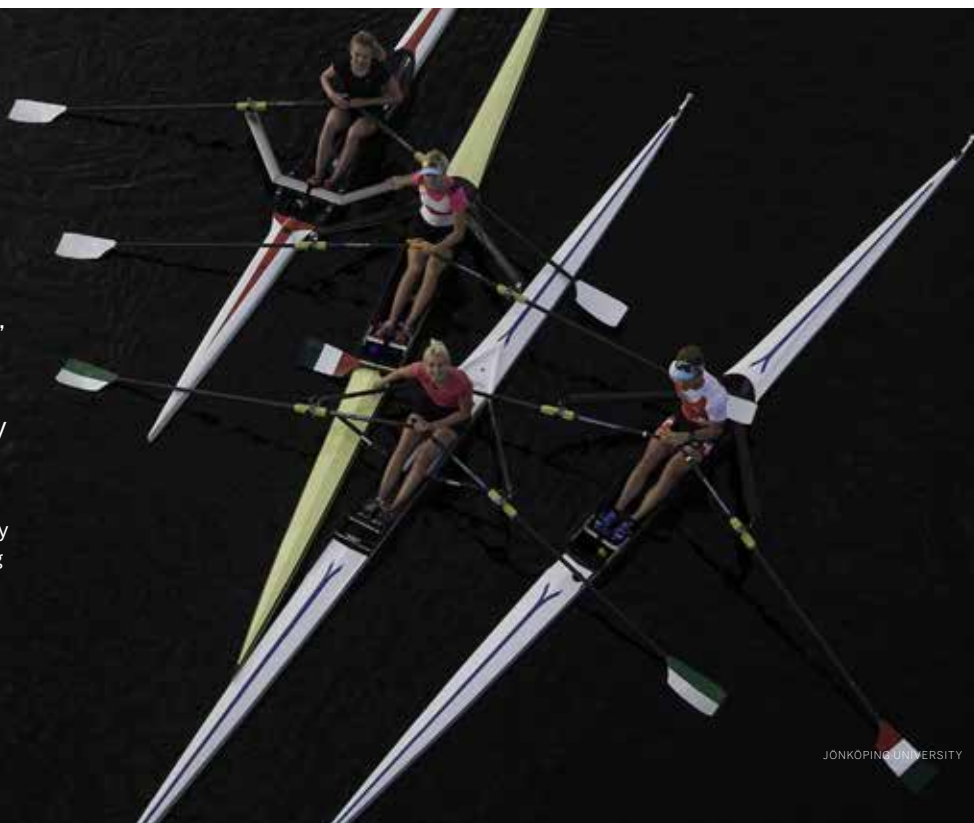
Autumn 2019  
**15 APRIL**

Spring 2020  
**15 OCTOBER**



Jönköping University is recognised as an Elite Athlete Friendly University by the Swedish Sports Confederation. In collaboration with them and The Special Sports Federations, we offer an elite athlete support scheme. You can join JU's own rowing team, play cricket or why not hockey?

In September 2019, Jönköping University will host the European University Rowing championships. Around 500 athletes representing over 80 universities, from 21 European countries will compete in Jönköping in multiple rowing events.



# COURSES – AUTUMN 2019

BACHELOR	CODE	STUDY FIELD	CREDITS	PERIOD			
				26 AUG- 29 SEP	30 SEP- 3 NOV	4 NOV- 8 DEC	9-22 DEC/ 19 JAN
Cardiovascular Nursing from a person Centered Perspective	HCNK17	N	7.5	X			
Cardiovascular Nursing from a person Centered Perspective	HCNN18	N	5.5	26 AUG - 22 SEP			
Health Care Improvement	HHIB19	N, Open for all international students	7.5				9 DEC - 19 JAN*
Health Care Improvement	HHIK16	N, Open for all international students	3				X
Nursing Science, Focusing on Health & Ill-health in Children	HFHK15	N, Open for all international students	7.5				9 DEC - 19 JAN*
Nursing Science, Focusing on Health & Ill-health in Children	HFHK18	N, Open for all international students	4.5				X
Nursing Science, Global Health (including clinical placement)	HNHK16	N	15		X		
Leadership in Crisis Management	HLCK16	SW, Open for all international students	7.5				X
Social Work, Participation & Inclusion	HDEN16	SW, Open for all international students	7.5	X			
Social Work with Groups & in Community	HSGN13	SW, Open for all international students	7.5		X		
Social work, social- & welfare policy in a Swedish & International Perspective	HSWK11	SW, Open for all international students	7.5			X	
Community Oral Health	HCOK18	OH	7.5	X			
Determinants of Oral Health	HDHK18	OH	7.5				X
Occupational Therapy, Clinical placement	HAVN16	OT	7.5		X		
Occupational Therapy, Progress & Development	HATN16	OT	15			X	
Occupational Therapy & Ageing from a Health Promoting Perspective (web-based)	HAHN17	OT	7.5	X			
Anatomy & Physiology, Basic Course	HANG18	P&O	7.5			X	
Clinical Gait Analysis	HGAK11	P&O	7.5				X
Mechanics related to Prosthetics & Orthotics	HMPG18	P&O	7.5				X
Models and Perspectives on Health & Disability	HMHG18	P&O	7.5		X		
Orthotic Management & Biomechanics I	HOIK19	P&O	15	X			
Prosthetics & Orthotics Theory	HOEN15	P&O	10.5		21 OCT - 8 DEC		
Prosthetic & Orthotic Management of the Upper Limb	HPLK19	P&O	7.5			X	
Prosthetics & Orthotics Introduction	HPIG18	P&O	7.5	X			
Psychology, basic course	HPBG19	Open for all international students	7.5			X	
Swedish Lanuguage, Culture & Society 1	TBC	Open for all international students	7.5	X			
Swedish Lanuguage, Culture & Society 2	TBC	Open for all international students	7.5			X	
Intercultural & International Communication	TIKG18	Open for all international students	7.5				X

MASTER	CODE	STUDY FIELD	ECTS	PERIOD			
				26 AUG- 29 SEP	30 SEP- 3 NOV	4 NOV- 8 DEC	9-22 DEC/ 19 JAN
An Occupational Perspective of Health II	HA2R29	OT, Distance Studies	7,5		X		
Co-production in Health and Welfare	HCPR29	OT, Distance Studies	7.5		X		
Theory of Science and Scientific Metod	HTSR25	OT, Distance Studies	15		X		
An Occupational Perspective on Health I	HA1R22	OT, Distance Studies	7.5	X			
Occupational Therapy, Evidence-based practice	HE1R20	OT, Distance Studies	7.5			X	

**BMA** - Biomedical Laboratory Science   **G** - Gerontology   **N** - Nursing   **OH** - Oral health   **OT** - Occupational Therapy  
**P&O** - Prosthetics & Orthotics   **RN** - Radiology Nursing   **SW** - Social Work

**\*IMPORTANT INFORMATION:** Most courses in the autumn semester finish before Christmas or can be completed from home. Lectures and seminars can be scheduled until approximately 22 December. **However some courses need to be completed at JU up until 17 January.** Please take this into consideration when planning your departure.



# COURSES – SPRING 2020

BACHELOR	CODE	STUDY FIELD	CREDITS	PERIOD			
				20 JAN - 23 FEB	24 FEB - 29 MAR	30 MAR - 3 MAY	4 MAY - 7 JUN
Gerontological and Geriatric Nursing	HGGN10	N	9		10 FEB - 17 MAY		
Health and Welfare in a Changing Society	HHFN10	N	4.5	20 JAN - 9 FEB			
Palliative Nursing Care	TBC	N	4.5		10 FEB - 17 MAY		
Psychiatric Nursing	HPSN10	N	7.5		10 FEB - 17 MAY		
Health and Health Problems in Children and Families	HHHN10	N	4.5				18 MAY - 5 JUNE
Oral Health, Clinical Practice	HO2N14	OH	7.5				X
Oral Health in an International Perspective	TBC	OH	7.5	X			
Occupational Therapy and Activity Limitations throughout Life	HAPN10	OT	9	20 JAN - 15 MAR			
Occupational Therapy and Occupational Limitations when in Ill Health and vulnerable Life Situations	HALN10	OT	9			13 APR - 5 JUN	
Occupational Therapy, Clinical Placement	HAVN10	OT	6		16 MAR - 12 APR		
Occupational Therapy, Clinical Placement with focus on Role Emergent Placement	HTRN17	OT	7.5		X		
Understanding Participation for Children with Disabilities and their Families	HUCN10	OT	1.5		X		
Applied Materials Technology	HMTK19	P&O	7.5	X			
Pathophysiology related to Prosthetics and Orthotics	HPOK19	P&O	7.5	X			
Prosthetic Management and Biomechanics of the Lower Limb I	HPMK19	P&O	15				X
Prosthetic Management and Biomechanics of the Lower Limb II	H2PK10	P&O	7.5	X			
Prosthetic and Orthotic Management of the Foot	HFOK10	P&O	15				X
Scientific Methods and Statistics	HSCG10	P&O	7.5	X			
Radiography and Patient Care in Thoraxradiology	HRTN11	RN	20	7 JAN - 5 APR			
Leadership in crisis management	HLCK16	SW, Open for all international students	7.5				X
Social Work, Social and Welfare Policy in a Swedish and International Perspective	HSWK11	SW, Open for all international students	7.5			X	
Social work, Participation & Inclusion	HDEN16	SW, Open for all international students	7.5	X			
Social Work, with Groups & in Community	HSGN13	SW, Open for all international students	7.5		X		
Swedish Language, Culture & Society 1	TBC	Open for all international students	7.5	X			
Swedish Language, Culture & Society 2	TBC	Open for all international students	7.5				X
Intercultural & International Communication	LLIG19	Open for all international students	7.5	X			

MASTER	CODE	STUDY FIELD	CREDITS	PERIOD			
				20 JAN - 23 FEB	24 FEB - 29 MAR	30 MAR - 3 MAY	4 MAY - 7 JUN
Occupational Therapy, Community-based Practice	HOCR27	OT, Distance Studies	7,5				X
Occupational Therapy, Theory I	HA1R26	OT, Distance Studies	7,5	X			
Occupational Therapy, Thesis I	HO1T27	OT, Distance Studies	15	X			
Crisis Leadership in Social Work	TBC	SW					

## EXPERIENCE SWEDEN IN THE SUMMER

### JU SUMMER SCHOOL 2019

Global Perspective on Health and Welfare | CREDITS: 10 | DATE: 3 – 28 June

For more details, visit [ju.se/summerschool](https://ju.se/summerschool)

English proficiency: TOEFL/IELTS required or equivalent.

To be considered a full time student you need to take a study load of 30 ECTS/semester.

In order to apply for a VISA, you need to be a full-time student.

The course dates are approximate, changes to the courses can be made.

This is an overview of the courses we expect to be offering in the academic year 2019-2020.

If there are additions or cancellations, these will be updated on our website **JU.SE**



For more information and online application  
visit [ju.se/exchangestudies](https://ju.se/exchangestudies) or contact  
[incoming.student@ju.se](mailto:incoming.student@ju.se)

**JÖNKÖPING UNIVERSITY**

International Relations Office,  
P.O. Box 1026, SE-551 11 Jönköping, Sweden

**VISITING ADDRESS:** Students' House,  
Gjuterigatan 5, University Campus

**E-MAIL:** [incoming.student@ju.se](mailto:incoming.student@ju.se)

**WEB:** [ju.se](https://ju.se)

**FOLLOW US ON SOCIAL MEDIA:**

[facebook.com/JUInternationalRelations](https://facebook.com/JUInternationalRelations)

PUBLISHED BY JÖNKÖPING UNIVERSITY DESIGN AND PRODUCTION JÖNKÖPING UNIVERSITY

PHOTOS PATRIK SVEDBERG UNLESS OTHERWISE NOTED. PRINT TMG TABERGS

The information in this brochure is correct as of February 2019.